

INTERNATIONAL SOFTBALL CONGRESS PITCHING RULE

Pitching in all ISC competition shall be governed by the current year's Official Rules of Softball published and distributed by The Amateur Softball Association of America (ASA), the national governing body for softball, WITH THE FOLLOWING EXCEPTIONS:

Section 1. Preliminary to Delivery

- A. Before starting the delivery (pitch), the pitcher must have both feet on the ground within the 24-inch length of the pitcher's plate. The shoulders shall be in a line with first and third bases. He shall take a position with the majority of his pivot foot on top of the pitcher's plate and his non-pivot foot on or behind the pitcher's plate.
- B. The pitcher shall hold the ball in both hands for not less than one second and not more than 10 seconds before releasing it. If the pitcher decides to pitch with the non-pivot foot to the rear and off the pitching plate, a backward step may be taken before, simultaneous with or after the hands are brought together. The pivot foot must remain in contact with the pitching plate and remain motionless at all times prior to the forward step of the non-pivot foot.

Section 3. Legal Delivery

- C. In the act of delivering the ball, the pitcher must take one step simultaneous with the release of the ball. The step must be forward and toward the batter within the 24-inch length of the pitcher's plate. It is not a step if the pitcher slides his pivot foot on the pitcher's plate toward the batter or if the pivot foot turns or slides in order to push off the pitcher's plate, provided contact is maintained with the plate. Raising the foot off the pitching plate and returning it to the plate creates a rocking motion and is an illegal act.

Effect: Section 1-8 any Infraction of Section 1-8 as Revised in the Illegal Pitch.

Effect:

- A. If the batter hits the ball and reaches first base safely and if all other runners have advanced at least one base if forced on the batted ball, the illegal pitch is cancelled. All action as a result of the batted ball stands. No option is given.
- B. Otherwise the manager has the option to take the result of the play, or the illegal pitch is enforced by awarding a ball to the batter and all runners return to the base previously held prior to the illegal pitch. If the illegal pitch is ball four, the batter is awarded first base. All other runners advance only if forced to do so by the batter becoming a baserunner.

NOTE: If an illegal pitch hits the batter, the batter is awarded first base and all other runners are awarded one base only by the batter becoming a baserunner.

FOREIGN SUBSTANCE RULE

1. The only acceptable substances for pitcher use will be powder rosin or Gorilla Gold.
2. When the ball gets too dark, the umpire will remove it from the game.
3. When the ball gets too dark a second time, an illegal pitch will be called and both teams will be cautioned that the next time a ball gets too dark, the pitcher and manager will be ejected from the game.
4. When the ball gets too dark a third time, an illegal pitch will be called and both the pitcher and the manager from the offending team will be ejected.